



# USA WRESTLING

The Olympic Dream Starts Here.

## 2018 - WOMEN'S AGE DIVISIONS and WEIGHT CLASSES

| AGE DIVISIONS  | BIRTH DATES  | FREESTYLE/GRECO MATCH TIME LIMITS                            | FOLKSTYLE MATCH TIME LIMITS  | WEIGHT CLASSES   |
|--|--|--|--|--|
| INTERMEDIATE   | Born 2009-2011   | Two two-minute periods with 30 second rest between periods   | Championship and Consolation: 3 one-minute periods                                     | 45, 50, 55, 60, 65, 70, 75, 80, 85, 85+, 85++, 85+++   |
| NOVICE   | Born 2006-2008   | Two two-minute periods with 30 second rest between periods   | Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods       | 60, 65, 70, 75, 80, 85, 90, 95, 102, 110, 118, 118+, 118++, 118+++   |
| SCHOOLGIRL   | Born 2004-2005   | Two two-minute periods with 30 second rest between periods   | Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods       | 72*, 79*, 85*, 92*, 101*, 105, 110*, 119*, 127*, 136*, 145*, 185   |
| CADET (Women)  | Born 2002-2003   | Two three-minute periods with 30 second rest between periods | Championship: 3 two-minute periods; Consolation: 1 one-minute and 2 two-minute periods | 94, 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200  |
| UWW CADET (Women)  | Born 2001-2003   | Two two-minute periods with 30 second rest between periods   | N/A  | <b>36-40 KG/79.4-88 LBS, 43/94.8, 46/101.4, 49/108, 53/116.8, 57/125.6, 61/134.5, 65/143.3, 69/152.2, 73/161</b> |
| JUNIOR (Women)   | Born 9/1/1998 & after, plus enrolled in grades 9-12                | Two three-minute periods with 30 second rest between periods | Championship: 3 two-minute periods; Consolation: 1 one-minute and 2 two-minute periods | 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200, 225   |
| UWW JUNIOR WORLD (Women)   | Born 1998-2000<br>2001 with medical certificate                    | Two three-minute periods with 30 second rest between periods | N/A  | <b>50 KG/110.2 LBS, 53/116.8, 55/121.25, 57/125.7, 59/130.1 62/136.7, 65/143.3, 68/149.9, 72/158.7, 76/167.6</b> |
| U23 (Women)  | Born 1995-1999 (19 -23 years old)<br>2000 with medical certificate | Two three-minute periods with 30 second rest between periods | N/A  | <b>50 KG/110.2 LBS, 53/116.8, 55/121.25, 57/125.7, 59/130.1 62/136.7, 65/143.3, 68/149.9, 72/158.7, 76/167.6</b> |
| SENIOR (Women)   | Born 1998 or before<br>1999-2000 with medical certificate          | Two three-minute periods with 30 second rest between periods | N/A  | <b>50 KG/110.2 LBS, 53/116.8, 55/121.25, 57/125.7, 59/130.1 62/136.7, 65/143.3, 68/149.9, 72/158.7, 76/167.6</b> |
| Chart is effective from September 1, 2017 to August 31, 2018. Based on UWW regulations for Senior Competitions, Senior Age Groups do not go into effect until January 1, 2018. |  |  |  |  |
| * UWW Qualifying Schoolgirl Pan American Weight Classes  |  |  |  |  |